



## **FRTOL Practical Test – RTF AIDE MEMOIRE**

### **First Call:**

STATION  
AIRCRAFT CALLSIGN  
REQUEST

*Response to 'Pass Your Message'*

**C** ALLSIGN  
**A** IRCRAFT TYPE  
**R** OUTE (FROM – TO)  
**P** OSITION  
**A** LTITUDE / HEIGHT / LEVEL + APS  
**I** NTENTIONS / ADDITIONAL INFORMATION (FLIGHT RULES, TRACKING TO)

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### **Procedural Position Report:**

**C** ALLSIGN  
**P** OSITION  
**T** IME  
**A** LTITUDE / HEIGHT / LEVEL  
**N** EXT POSITION  
**E** TA

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### **MAYDAY x 3 or PAN PAN x 3**

**S** TATION  
**C** ALLSIGN  
**A** IRCRAFT TYPE  
**N** ATURE OF EMERGENCY  
**I** NTENTIONS  
**P** OSITION / LEVEL / HEADING  
**P** ILOT QUALIFICATIONS  
**A** NY OTHER USEFUL INFORMATION (POB, ENDURANCE etc.)